

# Celebrate School Lunch Week October 15th-19th

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school lunch lots 2	fueling
friendly loc faces healthy sour	ring cal cces
made with love  SAFE nourishing  SOCIAL  SOCIAL	PROTEIN MM

Monday	Tuesday	Wednesday	Thursday	Friday
Scrambled Eggs & Toast or Cereal & Toast Fresh Fruit & Juice Milk Hamburger or Cheeseburger Baked Beans Pears Milk	Breakfast Sandwich or Cereal & Toast Fresh Fruit & Juice Milk Mini Pancakes & Syrup Sausage Links Hashbrowns Apple Wedges Milk	Tornado & Toast or Cereal & Toast Fresh Fruit & Juice Milk Beef Taco Crunch Shredded Lettuce & Cheese Refried Beans Corn Strawberries Milk	4 Biscuit & Gravy or Cereal & Toast Fresh Fruit & Juice Milk Chicken Nuggets Mini Biscuit Broccoli Melon Wedges Milk Ice Cream w/Meal	5 Long John Donut & Toast or Cereal & Toast Fresh Fruit & Juice Milk Choice of Pizza Carrots & Dip Applesauce Milk
8	9	10	11	12
No School  Choose My Plate gov	Breakfast Sandwich or Cereal & Toast Fresh Fruit & Juice Milk	Muffin & Toast or Cereal & Toast Fresh Fruit & Juice Milk	Biscuit & Gravy or Cereal & Toast Fresh Fruit & Juice Milk	Cinnamon Roll & Toast or Cereal & Toast Fresh Fruit & Juice Milk
	Ham/Turkey Sandwich Carrots/Celery & Dip Fruit Milk	Spaghetti Garlic Toast Garden Salad Pears Milk	Chicken Fajita Shredded Lettuce & Cheese Refried Beans Apricot Crisp Milk	Cheese or Pepperoni Pizza Broccoli & Cheese Orange Wedges Milk

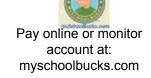
#### **Available Daily for Lunch**

- Garden Bar
- · PB & J Sandwich w/Cheese Stick
- · Chef Salad w/Crackers
- · Deli Ham Sandwich

Menus Subject to Change

This institution is an equal opportunity provider.





# Milk Served Daily

- Skim Milk
- 1% Milk
- Fat Free Strawberry Milk
- Fat Free Chocolate Milk





	National School Lunch Week OCTOBER 15-19, 2018 say's sohool hunches meet strict nutrition standards, adding limits on calories, sodium and unhealthy fate.
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	Road School Meal Success Stories here: https://traytalk.org
	Follow us on social media: #NSLW18 • #lots2love • #schoollunch
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Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17	18	19
Homemade Burrito & Toast	Breakfast Sandwich	Mini Pancakes & Syrup	Biscuit & Gravy	Mini Donuts & Toast
or	or	or O 10 T	or	or
Cereal & Toast Fresh Fruit & Juice	Cereal & Toast Fresh Fruit & Juice	Cereal & Toast Fresh Fruit & Juice	Cereal & Toast Fresh Fruit & Juice	Cereal & Toast Fresh Fruit & Juice
Milk	Milk	Milk	Milk	Milk
N. I. D''. (O			0.101.101.1.1.	OL : (D)
Nacho Bites w/Queso Green Beans	Corn Dog Cucumbers & Onion	Beef Tacos	Crispy Chicken Sandwich Carrots	Choice of Pizza Garden Salad
Pineapple	Peaches	Shredded Lettuce & Cheese Refried Beans	Orange Wedges	Pears
Milk	Milk	Apple Wedges	Milk	Milk
		Milk		
22	23	24	25	26
Scrambled Eggs & Toast or	Breakfast Sandwich or	Mini Cinnis & Toast or	Biscuit & Gravy or	No School
Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast	
Fresh Fruit & Juice	Fresh Fruit & Juice	Fresh Fruit & Juice	Fresh Fruit & Juice	
Milk	Milk	Milk	Milk	school lunch
Mozzarella Cheese Sticks	Ravioli	Lasagna	Bosco Sticks	lots 2
w/Marinara Sauce	Smile Fries	Garden Salad	w/Marinara Sauce	love
Peas	Melon Wedges	Corn	Green Beans	
Pear Crisp	Milk	Jello w/Fruit	Grapes	
Milk	• 0	Milk	Milk	
29	30	31 Dutch Waffle & Toast	Nov 1	2
Homemade Burrito & Toast	Breakfast Sandwich	or or	Biscuit & Gravy	Cinnamon Biscuit & Toast
or Cereal & Toast	or Cereal & Toast	Cereal & Toast	or Cereal & Toast	or Cereal & Toast
Fresh Fruit & Juice	Fresh Fruit & Juice	Fresh Fruit & Juice	Fresh Fruit & Juice	Fresh Fruit & Juice
Milk	Milk	Milk	Milk	Milk
0111	0111 0 6 7	Meat Loaf w/Hot Roll	0.5 - 0.5 1 - 0.5 1 5 1	OL 1 (D)
Chicken Nuggets w/Mac & Cheese	Chicken Soft Tacos Refried Beans	Mashed Potatoes & Gravy	Crispy Chicken Sandwich Carrots & Dip	Choice of Pizza Garden Salad
Corn	Broccoli & Cheese	Grapes	Banana Split Salad	Pears
Baked Apple Slices	Watermelon	Milk	Milk	Milk
Milk	Milk	Halloween Treat w/Meal		

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Pay online or monitor account at: myschoolbucks.com



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