

OCTOBER

Elementary
Menu



Celebrate School Lunch Week October 15th-19th

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| <p>1</p> <p>Scrambled Eggs & Toast or Cereal & Toast Fresh Fruit & Juice Milk</p> <p>-----</p> <p>Hamburger or Cheeseburger Baked Beans Pears Milk</p> | <p>2</p> <p>Breakfast Sandwich or Cereal & Toast Fresh Fruit & Juice Milk</p> <p>-----</p> <p>Mini Pancakes & Syrup Sausage Links Hashbrowns Apple Wedges Milk</p> | <p>3</p> <p>Tornado & Toast or Cereal & Toast Fresh Fruit & Juice Milk</p> <p>-----</p> <p>Beef Taco Crunch Shredded Lettuce & Cheese Refried Beans Corn Strawberries Milk</p> | <p>4</p> <p>Biscuit & Gravy or Cereal & Toast Fresh Fruit & Juice Milk</p> <p>-----</p> <p>Chicken Nuggets Mini Biscuit Broccoli Melon Wedges Milk Ice Cream w/Meal</p> | <p>5</p> <p>Long John Donut & Toast or Cereal & Toast Fresh Fruit & Juice Milk</p> <p>-----</p> <p>Choice of Pizza Carrots & Dip Applesauce Milk</p> |
| <p>8</p> <p>No School</p> | <p>9</p> <p>Breakfast Sandwich or Cereal & Toast Fresh Fruit & Juice Milk</p> <p>-----</p> <p>Ham/Turkey Sandwich Carrots/Celery & Dip Fruit Milk</p> | <p>10</p> <p>Muffin & Toast or Cereal & Toast Fresh Fruit & Juice Milk</p> <p>-----</p> <p>Spaghetti Garlic Toast Garden Salad Pears Milk</p> | <p>11</p> <p>Biscuit & Gravy or Cereal & Toast Fresh Fruit & Juice Milk</p> <p>-----</p> <p>Chicken Fajita Shredded Lettuce & Cheese Refried Beans Apricot Crisp Milk</p> | <p>12</p> <p>Cinnamon Roll & Toast or Cereal & Toast Fresh Fruit & Juice Milk</p> <p>-----</p> <p>Cheese or Pepperoni Pizza Broccoli & Cheese Orange Wedges Milk</p> |

Available Daily for Lunch

- Garden Bar
- PB & J Sandwich w/Cheese Stick
- Chef Salad w/Crackers
- Deli Ham Sandwich

Menus Subject to Change

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Milk Served Daily


- Skim Milk
- 1% Milk
- Fat Free Strawberry Milk
- Fat Free Chocolate Milk

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2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| 15 Homemade Burrito & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Nacho Bites w/Queso Green Beans Pineapple Milk | 16 Breakfast Sandwich or Cereal & Toast Fresh Fruit & Juice Milk ----- Corn Dog Cucumbers & Onion Peaches Milk | 17 Mini Pancakes & Syrup or Cereal & Toast Fresh Fruit & Juice Milk ----- Beef Tacos Shredded Lettuce & Cheese Refried Beans Apple Wedges Milk | 18 Biscuit & Gravy or Cereal & Toast Fresh Fruit & Juice Milk ----- Crispy Chicken Sandwich Carrots Orange Wedges Milk | 19 Mini Donuts & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Choice of Pizza Garden Salad Pears Milk |
| 22 Scrambled Eggs & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Mozzarella Cheese Sticks w/Marinara Sauce Peas Pear Crisp Milk | 23 Breakfast Sandwich or Cereal & Toast Fresh Fruit & Juice Milk ----- Ravioli Smile Fries Melon Wedges Milk | 24 Mini Cinnis & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Lasagna Garden Salad Corn Jello w/Fruit Milk | 25 Biscuit & Gravy or Cereal & Toast Fresh Fruit & Juice Milk ----- Bosco Sticks w/Marinara Sauce Green Beans Grapes Milk | 26 No School  |
| 29 Homemade Burrito & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Chicken Nuggets w/Mac & Cheese Corn Baked Apple Slices Milk | 30 Breakfast Sandwich or Cereal & Toast Fresh Fruit & Juice Milk ----- Chicken Soft Tacos Refried Beans Broccoli & Cheese Watermelon Milk | 31 Dutch Waffle & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Meat Loaf w/Hot Roll Mashed Potatoes & Gravy Grapes Milk Halloween Treat w/Meal | Nov 1 Biscuit & Gravy or Cereal & Toast Fresh Fruit & Juice Milk ----- Crispy Chicken Sandwich Carrots & Dip Banana Split Salad Milk | 2 Cinnamon Biscuit & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Choice of Pizza Garden Salad Pears Milk |



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